



## Medical Screening Form

Name: \_\_\_\_\_

Date: \_\_\_\_\_

| Please circle: YES or NO                           |        |        |  |
|--|--------|--------|--|
| Do you have a history of:                          | Self   | Family |  |
| <b>Diabetes?</b> .....                             | Yes No | Yes No |  |
| <b>High Blood Pressure?</b> .....                  | Yes No | Yes No |  |
| <b>Heart Attack?</b> .....                         | Yes No | Yes No |  |
| <b>Heart Disease?</b> .....                        | Yes No | Yes No |  |
| <b>High Blood Cholesterol?</b> .....               | Yes No | Yes No |  |
| Smoking?.....                                      | Yes No | Yes No |  |
| Chest Pain? .....                                  | Yes No |        |  |
| Dizziness/Fainting? .....                          | Yes No |        |  |
| Shortness of Breath? .....                         | Yes No |        |  |
| Ankle swelling? .....                              | Yes No |        |  |
| Night Coughing? .....                              | Yes No |        |  |
| Stroke? .....                                      | Yes No | Yes No |  |
| Cancer? .....                                      | Yes No | Yes No |  |
| Osteoporosis? .....                                | Yes No | Yes No |  |
| Osteoarthritis? .....                              | Yes No | Yes No |  |
| Rheumatoid Arthritis? .....                        | Yes No | Yes No |  |
| Alcohol use.....                                   | Yes No |        |  |
| Current number of drinks per week? _____           |        |        |  |
| Allergies? .....                                   | Yes No |        |  |
| Type _____   |        |        |  |
| Asthma? .....                                      | Yes No |        |  |
| Always have an inhaler with you?      Yes No       |        |        |  |
| Childhood diseases? .....                          | Yes No |        |  |
| <i>Falling?</i> .....                              | Yes No |        |  |
| Number of times in last year: _____                |        |        |  |
| Headaches? .....                                   | Yes No |        |  |
| Kidney Disease? .....                              | Yes No |        |  |
| Lung Disease? .....                                | Yes No |        |  |
| STDs? .....  | Yes No |        |  |
| Seizures? .....                                    | Yes No |        |  |
| Pacemaker/Defibrillator? .....                     | Yes No |        |  |
| Assistive device (example: cane)? .....            | Yes No |        |  |
| <b>In the past 3 months, have you experienced?</b> |        |        |  |
| Unexplained change in <b>your</b> health? .....    | Yes No |        |  |
| Explained illness or injury? .....                 | Yes No |        |  |
| Unexplained weight change? .....                   | Yes No |        |  |
| Night Sweats? .....                                | Yes No |        |  |
| Numbness or tingling? .....                        | Yes No |        |  |
| Changes in Bowel/Bladder? .....                    | Yes No |        |  |
| <b>Are you or could you be pregnant?</b> .....     | Yes No |        |  |

**In the past month, have you frequently been bothered by feeling down, depressed or hopeless?** .....Yes No

**In the past month, have you frequently been bothered by having little interest in things or have you lost pleasure in doing things?** .....Yes No

**Are the above 2 questions something you would like help with?** .....Yes ....Yes (*but not today*) .... No

**Are you afraid physical activity will cause an increase in your pain?** .....Yes No

**Are you afraid moving will be harmful to you?** .....Yes No

**Do you have a problem with?** ... (check all that apply)

Hearing

Vision

**Do you regularly exercise?** .....Yes No

    Number of days per week? \_\_\_\_\_

    Number of minutes per session? \_\_\_\_\_

**What is your body weight?** \_\_\_\_\_ **Height?** \_\_\_\_\_

**Please list or provide a copy of the medications that you are currently taking:** (Dosages are not necessary)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Please list or provide any medicine allergies that you may have:**

\_\_\_\_\_

\_\_\_\_\_

**Please list any major surgeries in your past:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Other:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Patient/Representative Signature: \_\_\_\_\_